

# GROWING TOGETHER



Cobourg Horticultural Society Newsletter

Autumn Edition 2018



## IN THE AUTUMN OF OUR YEARS: A SEASON TO ENJOY REGARDLESS OF TIME

- Written by Martha Baldwin



It's in the autumn of our years, (or so they say), that allows us the time to enjoy what each season has to offer. And for others who don't have the luxury of time, well, we best hurry up and get a move on because Autumn tends to come and go quickly, without much evidence to suggest it was ever here in the first place! So with no time to spare, you might find me busy in the kitchen this season preparing the bounty of my veggie garden for the freezer, or trying to squeeze in a last visit to my local farmer's market. You will definitely find me planting spring bulbs in my garden (about 50-100 each year), but you might chuckle if you knew that last year I was out most nights after dark with a flash light planting bulbs that I hadn't managed to get in the ground until early December. I also listened carefully to the weather report just in case I had to cover my tender annual planters with bed sheets, hoping the weather man's

prediction of frost would be wrong. Then there are the leaves to rake, the boxwood to wrap, the garden furniture to bring in, and the outdoor water tap to turn off, and oh, did someone call the furnace guy? But when I finally have a moment to put my feet up after all that work is done, I will also relish all that excites me about Autumn, including the things that have a way of slowing time itself. Maybe I'll enjoy a cup of tea with some apple crisp, or some crafty carving of that large jack-o-lantern for the kids in the neighbourhood. I'll catch a glimpse of the harvest moon one night, perhaps after the striking sunsets on my commute home from work. I'll take photos of the leaves as they change colour throughout town and who doesn't enjoy a fresh morning walk wearing a favourite wool sweater? Unlike summer when we have to book a vacation to enjoy seasonal activities, Autumn is a season to enjoy regardless of age, or time on your side. It may just be the best season of all! - **Martha**



Cobourg  
Horticultural  
Society

### OUR UPCOMING MEETINGS & SPEAKER SERIES

**October 3, 2018**

Susan Chan

***Pollinators & other good bugs***

\*Awards Presentation

.....

**November 7, 2018**

Harry Jongerden

***The 50 Million Dollar Plan for  
the Toronto Botanical Garden***

\* Also Our AGM

.....

**December 5, 2018**

Vikki Whitney

***Xmas Indoor Decorating***

\* Also our Greenery Exchange

All meetings are held at the Cobourg Columbus Centre, Join us for coffee, treats and social time at 7pm. Meetings officially commence at 7:30pm

## Magic at Five Corners Garden... A Pollinator's Paradise!



Something magical has been happening at the corner of Ontario and King Streets this summer; transforming the five corners millennium garden into a pollinator's paradise and a delightful viewing or sitting area for residents to enjoy. A small, but mighty work group comprised of our CHS members, have accomplished much work this past summer. Suellen Straton recently took a few photos of the team in action, while they continued to streamline a once veritable jungle into a more attractive and meaningful space. Many, many bulbs will be planted in late Fall and should make for a splendid show next Spring and Summer. Of course they are always looking for volunteers to help with this amazing project. If you have some time to spare, please contact Trish Whitney for more information at (905)377-9854.

**Pictured Here: Cheryl Kidd, Trish Whitney, Brian Garrison, Len Thompson**





Crabby Road

11-9-11



## A few giggles :)



### A little tale of how a nosey neighbour's passion for gardening got the better of him and his cat:

– Submitted by CHS Member Cheryl Kidd

There once was a keen horticulturalist who had an immaculate back yard. We'll call him Mr. Keener. His back yard was like a centrefold of a magazine – lush, thick, deep-green grass, dense, beautifully manicured flowers, bushes, shrubs, and trees. It was just the ideal balance of sun and shade; intensely beautiful to behold. He was obsessed and could often be found admiring and tending to his plants. Much to his chagrin, his neighbouring back yard was in disarray, weeds were plentiful, grass was far too long, and flowers were non-existent. He often wandered over to the fence that divided the two yards and engaged in conversations with the neglectful neighbours, attempting to instil some desire to beautify their yard. One afternoon, he heard and saw, the neighbour's young girl, Sarah, fervently digging a hole in a back corner. His first and most delightful thought was that "Yes, finally there is a desire to plant...something!" He couldn't resist a chat with Sarah, so he ambled over to the fence close by to her digging, leaned over the fence and asked, "So...Sarah...I see you are digging a hole...are you planting something?" He asked excitedly. Without looking up, Sarah continued her intent digging, but responded curtly "NO!" "Oh" responded Mr. Keener, "Well...are you.... burying something?" He asked with tenderness. "YES!" Sarah responded in much the same manner as before and continued her fervent digging. "Oh...dear" said Mr. Keener. "What exactly are you burying?" He asked tentatively. "My pet goldfish" Sarah replied with irritation. "Oh well, you know....that's a VERY big hole for such an itty bitty fish." Mr. Keener observed. Sarah stopped her digging, looked her neighbour directly in his eyes, and with confrontation and with clear, loud words, said.. "That's because it is in the belly of your cat!!!"

(Note: No cats, or gold fish, were actually hurt in the making this humorous and entirely fictitious story ©)

## Summer Gardening Successes to Celebrate: *Jennifer's Succulents*

The summer of 2018 for CHS member Jennifer Darrell, was a new kind of gardening experience. After years of tending to a sprawling country side plot, Jennifer experienced for the first time, the joys of small space gardening as a new condo owner.

Here's what she reports:

*Since I've had to give up my large country garden and I am now in a condo, gardening is limited to what I can manage on my balcony (and a few troughs of succulents outside my garage and the garlic and basil I sneak into the small garden dividers in the common areas). However, one of my passions, succulents, is still thriving! The long rectangular box (pictured below) is designed to hang vertically but I never got around to doing it that way this year. A couple of the succulents are rampant and need to be trimmed and tamed to expose some of more obedient ones. I also discovered that even containers can have "invasives"!!*

Congratulations Jennifer!

Here are some photos of Jennifer's very healthy succulent planters on her balcony:



**Don't Forget to Fall Back!**

**Daylight Savings Time**



**Sunday November 4, 2018**

Change clocks back 1 hour,

Also check batteries in smoke detectors & CO detectors!

Baltimore Valley Garden Centre

**Annual Fall Plant Auction\***

Saturday October 13 at 9am

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**BALTIMORE  
VALLEY**  
GARDEN CENTRE

Located at 5999 County Road 45

\* Note: 10% Buyer's Premium

## Homeless Houseplant Classified Listings

After summer is over and we retreat indoors, our attention turns back to caring for house plants. However do you have a lack space, time or a need to transplant an overgrown plant? Are you looking for a new home for your plant, or to trade with someone for something new or interesting?

In our Winter 2019 Newsletter we will be showcasing a free classified listing called the "**Homeless Houseplant**" for members to give away, trade or offer a home for your houseplant. Send your information with a photo of your plants to Martha at [martha.j.baldwin@gmail.com](mailto:martha.j.baldwin@gmail.com) or see me in person at the November or December meetings.



### The Recipe Box: Bacon Bourbon Apple Pancakes

Source: All Recipes Canada

- ✓ 2 cups diced apples
- ✓ 2 tablespoons white sugar, divided
- ✓ 2 teaspoons ground cinnamon
- ✓ 3/4 cup milk
- ✓ 2 tablespoons melted butter
- ✓ 1 egg
- ✓ 1 1/2 teaspoons bourbon whiskey
- ✓ 1/2 teaspoon vanilla extract
- ✓ 1/2 cup all-purpose flour
- ✓ 1/2 cup oat flour
- ✓ 1 tablespoon baking powder
- ✓ 1/2 teaspoon salt
- ✓ 2 tablespoons chopped cooked bacon
- ✓ 2 tablespoons, divided, canola oil

Heat 1 teaspoon canola oil in a skillet over medium heat; cook and stir apples, 1 tablespoon sugar, and cinnamon in the hot oil until apples are slightly softened, 5 to 10 minutes. Remove skillet from heat.

Whisk milk, butter, egg, bourbon, and vanilla extract together in a bowl. Sift all-purpose flour, oat flour, 1 tablespoon sugar, baking powder, and salt together in a separate bowl. Stir flour mixture into milk mixture until batter is well mixed; fold in apples and bacon. Heat remaining 1 teaspoon canola oil in a skillet over medium heat; drop batter, about 1/2 cup per pancake, onto the griddle, and cook until bubbles form and the edges are dry, 3 to 5 minutes. Flip pancake and cook until browned on the other side, 3 to 5 more minutes. Repeat with remaining batter.

*Cook's Note:*

Use a mix of firm and fresh apples and only sauté them until they were well coated with the cinnamon sugar. Use any of your favorite apple spices such as ginger or nutmeg. Also you can make your own oat flour by grinding old fashioned uncooked oatmeal in the food processor. I make mine in batches and freeze the unused portion.





**Contact us: (905) 352-1008**

**We're located: 8467 County Rd.18, Alderville**

<http://www.alderillesavanna.ca/>

Located south of Rice Lake, on the eastern edge of the Oak Ridges Moraine, Alderville First Nation's Black Oak Savanna/Tallgrass Prairie is the largest single remaining parcel of its kind in east central Ontario. We also do more than just restore savanna and prairie! We have other stewardship projects and initiatives on the go, some include: habitat creation for pollinators, building turtle nesting sites and maintaining and expanding a beautiful interpretive garden.

### The Interpretive Garden at Alderville Black Oak Savanna

The Interpretive Garden at Alderville Black Oak Savanna has been designed to showcase native plant species that thrive in Tall-grass Prairie and Black Oak Savanna ecosystems and elsewhere in Ontario, as well as plants that have significance amongst Indigenous communities for medicinal, edible or traditional uses. There is also a small water garden with wetland and aquatic plants native to Ontario. Many of the plants are listed as Species at Risk, and also provide important habitat to endangered animal species, including several at-risk pollinators such as Monarch Butterflies and Bumblebee species. The Garden Coordinator works with volunteers during Stewardship Workdays and other events 2-3 times a month during the field season. Volunteers assist in maintaining the garden, as well as planting new species when needed. Monthly Outreach Workshops are hosted in collaboration with other organizations to engage the community in the idea of planting native plant species in their home gardens, as well as other important topics in conservation and restoration. The Interpretive Garden has been divided into separate beds to draw attention to the specific uses and benefits of certain plants, below is a view of some of the gardens we showcase:



**The Water Garden**



**Three Sisters Garden**



**The Yardscaping Garden**



**Wild Foods Garden**



# Our Flower, Fruit, Vegetable, Photography Show & Tea

Saturday August 4 – Cobourg Public Library



**Cobourg  
Horticultural  
Society**

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