

GROWING TOGETHER

Cobourg Horticultural Society Newsletter

Summer Edition 2014

RELAX... IT'S SUMMER!

Martha Baldwin, CHS Member



I've just returned from spending a full morning in the garden – and while it was just the way I like spending a Saturday, I'm exhausted! My back aches, I think I got too much sun and there's dirt between my finger nails that just won't scrub off. Those who are passionate about perennials or vibrant about growing veggies know it's a labour of love, but it's still hard work and sometimes all that work leaves little time to actually stop and smell the roses, as opposed to simply pruning them. I recently turned to gardening expert Ed Lawrence, the well know horticulturalist featured on CBC Radio's "Ontario Today," a Monday lunch time call-in show. He had a show entirely dedicated to this very conundrum. "How do I garden from my hammock" one caller asked. A very good question Ed said. He talked about certain

types of plants that require little to no work, or watering. He also talked about expectations. That one doesn't always need to strive for the nicest garden on the block – that sometimes less is really more. But here are a few simple tips I'd like to suggest:

- 1. Consider the time of day that is best for you, whether it be early morning before the sun gets hot or late afternoon when things cool off; either way be sure you drink lots of water and wear an SPF of at least 30. Take breaks often to discourage exhaustion.*
- 2. Have a plan – don't tackle your entire back yard in one day! Consider a particular section that you want to weed or plant and leave the remainder for next time.*
- 3. Ask for help! There is likely a companion, a friend or even a grandchild who would enjoy*

NOTES FOR YOUR CALENDAR!

OUR SUMMER EVENTS

July 8, 2014

Belleville Garden Tour

July 12, 2014

Flower, Fruit & Photo Show & Tea
Cobourg Public Library

July 13, 2014

Four Club Members Garden Tour
Port Hope 1-4 pm

spending some time assisting you. Make it fun by incorporating some music and food - like a party!

4. Remember to reward yourself – with a pampering soak in the tub, or a nap on the porch to melt away the aches and pain and recharge.

5. Finally, take a garden vacation – for just a day or two. Like any project, it will always be there when you finally return.

So Relax.. its Summer!

Cobourg Horticultural Society Awards Scholarships



- Published in the Northumberland News Today on June 26, 2014

COBOURG - Two local high school students who will be going on to an advanced program of study related to horticulture or the environment have received scholarships from the Cobourg Horticultural Society.

Rachel Benschop of Cobourg District Collegiate Institute West will put her \$500 award toward her studies at the University of Guelph. She will be studying agriculture and plans to pursue a career as a large animal veterinarian.

Alexa Moran of St. Mary Catholic Secondary School will be studying urban and rural planning at the University of Waterloo.



Congratulations to Rachel & Alexa! We wish you all the best in your post-secondary studies!!

Saturday May 17, 2014

Our Annual Plant Sale...What Success!



This year's plant sale generated just over \$4,800.00 in sales; less expenses, we successfully garnered **\$4,100.00** in net revenue!

Sarah Holland and her committee of cheerful and hardworking volunteers did an outstanding job with setup, pricing, assisting shoppers, working the cash, carrying out purchases and of course cleanup! We couldn't have done it without you!

Many thanks as well to all members who donated such excellent and varied quality of plants from your garden! Your tireless efforts in planting, digging, separating and potting make this event bigger and better each year!

Thank you!



Summer Flower, Fruit & Photography Show

July 12, 2014



Cobourg Public Library

Entries received from 8:30am-10am

Judging from 10:30am-1pm

Show & Tea 1:30pm-3:00pm



Please refer to the 2014 Yearbook for all category details and entry criteria!

***NEW This Year! For Non-Members
"Incredible Edibles"***

Questions? Contact Alexis Fentie

(905) 372-2456

Scott's Barn Lavender Festival

July 12 & 13, 2014 10AM - 4:30PM

Pat Scott and her family will welcome you for the final year of our festival...



Tour the field in bloom, then come up to the historic restored 1924 steel barn (the first in our area). Sample culinary treats including lavender shortbread and lavender ice cream, made with 5 distinctly different lavenders. Try our lavender lemonade, so refreshing on a hot day, or have lunch while taking in the hillside view of Lake Ontario.

Where: **160 Mclean Road RR5 Cobourg**
Website for directions: **<http://www.scottsbarn.ca/>**

Admission is free!



Cobourg Ontario Resident's Campaign to Have Canadians Plant Poppies Across Canada in Commemoration of the Start of WWI Reaching Critical Mass (Planting)!



A tiny seed of an idea in the mind of Teresa Glover of Cobourg Ontario is growing exponentially right across Canada! She's on a one-woman campaign to have 100 poppies planted in towns all across Canada to mark the start of the First World War, one hundred years ago on July 28, 1914.

“To remember the men and women that fought in that war, I thought it would be a lovely idea if the towns & cities across Canada planted 100 red poppies in their public gardens to mark this occasion”, Ms. Glover said. “The poppy tradition came from WW1, and given that John McCrae, author of ‘In Flanders Field’ was a Canadian, it would be a great tribute to him also.” She began writing to mayors all across Canada and her dedication to the project has taken root in a big way. “ Well over 40 have responded enthusiastically stating that they will indeed plant the 100 red poppies in public gardens. My home town of Cobourg was the first to agree and since then, Port Hope, Grafton, Belleville, Stratford, Barrie, Sarnia and Richmond Hill, Niagara-on- the Lake, Vaughan, Halifax, St. John’s, Victoria, Deer Lake, Saskatoon, Aurora, Lakefield, Perth, Gananoque, Sydney, and others, have got on board!” she says.

Especially with the Spring being delayed in many parts of the country this year, there was lots of time to start germinating the seeds in order for them to stand at attention in perfect and brilliant flourish for the July observance of this monumental date in world, and Canadian history. Beyond municipalities digging in, Ms. Glover hopes that her friends and neighbours too, will join her campaign by planting some red poppies this Spring to mark this important centenary. Her great wish is that her sprout of an idea will reach a groundswell and that this July 2014, Canadians will stop, regard the flowers and in that moment, think of the great sacrifice of our soldiers and their families, and the peace and freedom that we enjoy every day. The recommended variety is *Corn Poppy, Papaver rhoeas* but others such as the Oriental Poppy or any red poppy may be more suitable to the area.

For more information, Contact Teresa Glover at redpoppies@cogeco.ca

Note: Teresa is a Cobourg Horticultural Society Member!



Cobourg Horticultural Society

Box 312, Cobourg, Ontario

K9A 4K8

Email: cobourg@gardenontario.org

Website: www.cobourggardenclub.org